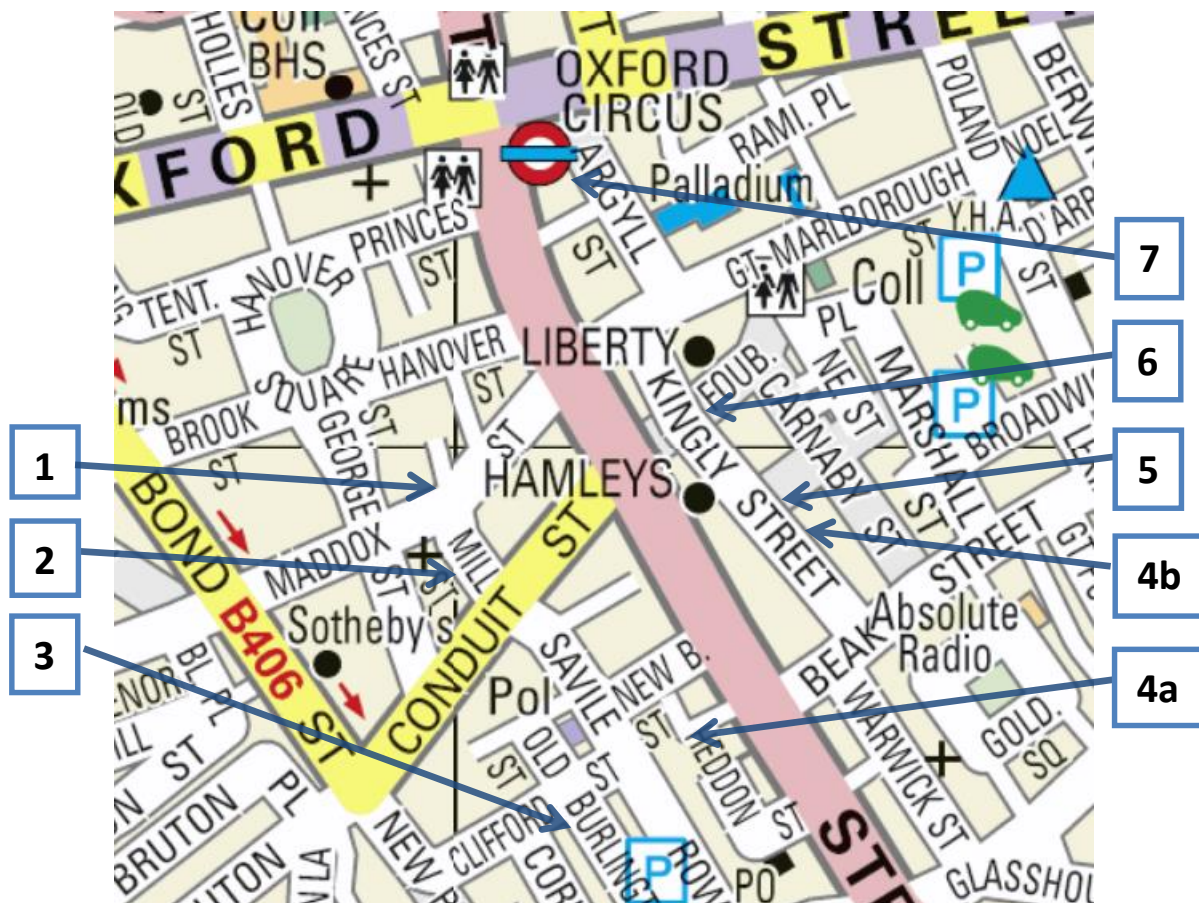


First Friday Pub Crawl – Regent Street. Friday 6th March



Host - Noel Burger 07792 124 164.

The Monopoly board inspired pub crawl heads for the Regent's Street area. The nearest tube is Oxford Circus.

Please note that if you want to go to the Ice Bar (4a) you will need to book directly yourself at www.icebarlondon.com (0207 478 8910) as soon as possible. I have booked a few tickets for the 8:45pm slot (but we need to be there at 8:30pm). There are only a limited number of tickets available for each time slot, and they will sell out. Please try to book directly but if (and only if) they do sell out, contact me to see if I have a spare ticket left (first come, first served).

1. 6:00pm – 6:40pm. Masons Arms. 38 Maddox Street, London W1S 1PY

The Masons Arm's is believed to be 300 years old and has been a pub for at least 150 years, with the landlady of the time naming the pub after all the stonemasons who were busy on the development of the Mayfair at this time. A small bar with dark panelling, molded ceiling, a copper covered counter and leaded windows. A Greene King pub serving ales including GK



regulars, IPA, Abbot and Old Speckled Hen. If you don't fancy a pie at the Windmill the Masons serves hearty and traditional pub food.

**2. 6:40pm – 7:40pm. The Windmill.
6-8 Mill Street, London W1S 2AZ**

Could be the real ale highlight of the crawl and definitely the best place to eat if you like pies! The Windmill is a quirky Young's pub serving numerous varieties of pie, with 2 pie rooms and a pie club plus up to 9 real ales. We will spend a little longer here to enjoy it properly.



**3. 7:40pm – 8:30pm. The
Burlington Arms. 21 Old Burlington
Street, London W1S 2JL**

Smallish bar first licensed in 1720 but now stripped out and modernised. Serving a changing range of cask ales including offerings from Trumans and Sambrook's. The menu looks good too with special mention made of their home made scotch eggs. Watch the clock if you are going to the Icebar.

4a. 8:30pm – 9:30pm. Icebar London. 31-33 Heddon Street, London W1B 4BN

The Icebar must be pre-booked at www.icebarlondon.com (0207 478 8910) if you want to go to this one! If not, continue on to pub 4b.

The UK's only permanent bar where everything from furniture to glasses is made from ice. Your ticket is for a 40 minute session and includes gloves & a thermal cape to keep you warm, plus a personal ice glass with your choice of cocktail. I have booked a few places for the 8:45pm slot for myself but they advise arriving 15 minutes before your booking to get your cape on. Please book directly if you can and let me know. If they sell out (and they will) contact me directly before 1st March to see if I have any spare tickets left. I can't claim it is good value at £16 for a single drink but it is all about the unique experience. Shame it isn't summer.



4b. 8:30pm – 9:20pm. Red Lion. 14 Kingly Street, London W1B 5PR

The Red Lion is a fine old oak panelled pub hidden behind Carnaby Street. Despite a small frontage, it's deceptively large with three bars in total, including one upstairs. Sam Smith beers and a fireplace. For those who don't know the drill with Sam Smith's pubs you really need only know three things and they are as true of this pub as any;

- 1) They don't serve anything other than their own brands from beers and spirits to soft drinks,
- 2) They tend to be in lovely buildings and decorated in a strictly old school style and;
- 3) They are normally cheaper than the other pubs in the vicinity.

5. 9:20pm – 10:10pm. Blue Posts. 18 Kingly Street, Soho, W1B 5PX

A Greene King pub built in 1736. With lovely wood panelling and open fireplace it's a true traditional London pub. The Blue Posts name comes from the fact that the pillars outside were originally painted blue to make the house more distinctive, before the days of numbering buildings, or, The blue posts were the boundary-markers of Soho Fields, the sixteenth century royal hunting grounds. Make your own mind up?



Apparently the Beatles used to meet their managers in this pub back in the swinging 60's. Ales include GK regulars, IPA, Abbot and Old Speckled Hen along with a couple of guests. Will still be still serving food.



**6. 10:10pm – 11:00pm. The Clachan.
34 Kingly Street, London, W1B 5QH**

A Nicholson's pub serving the usual range of Nicholson's ales along with selected guests including a couple of good winter ales. Built in 1898, this lovely Victorian pub retains many original features, including rich wood carvings and structural ironwork. It was once owned by the department store, Liberty. Clachan is Gaelic for 'meeting place'.

7. 11:00pm – closing. The Argyll Arms. 18 Argyll Street, London, W1F 7TP

The Argyll Arms is yet another gem in the Nicholson's stable of pubs. With original mahogany panelling and Victorian snugs with etched glass partitions built to separate the social classes. Completed in 1742, the Grade II listed pub is named after the second Duke of Argyll, who lived in a mansion where the Palladium now stands. Rumour has it that a secret tunnel once connected the pub to the duke's mansion.



Call Noel on 07792 124 164 for encouragement or if lost on the night.